



A Corporate Training for HKAON Spine Disorders and Rehabilitation

Overview

The corporate training is to enhance professional practice in the care of spine disorders and rehabilitation for members of Hong Kong Association of Orthopaedic Nurses (HKAON). The course will focus on the common spinal problems, treatment modalities, nursing management for spinal surgeries and care of clients with different health needs during rehabilitation.

Learning Outcomes

Upon completion of the programme, the participants should be able to

1. Identify the common spinal problems and related treatment modalities;
2. Understand the use of advanced lumbar techniques in spinal surgery;
3. Discuss the nursing management for spinal surgeries; and
4. Understand the overall concept on spinal rehabilitation and the impacts on activity of daily living.

Tentative Topics

1. Acute Management of Spinal Injuries (1.5 hour)
2. Chronic Spinal Disorders – Degenerative Stenosis and Discitis (1.5 hour)
3. Modern Trends of Spinal Surgery – Minimally Invasive Surgery (MIS) and Robotic Surgery (1.5 hour)
4. Nursing Care of Clients with Spinal Surgeries (1.5 hour)
5. Spinal Cord Rehabilitation Journey (1.5 hour)
6. Pain Control for Spinal Diseases (1.5 hour)
7. Spinal Rehabilitation - Perspectives of Physiotherapists (1 hour)
8. Spinal Rehabilitation - Perspectives of Occupational Therapists (1 hour)
9. Spinal Rehabilitation - Perspectives of Prosthetic and Orthotic Therapists (1 hour)

Learning Activities

Lecture, case sharing and discussion

Medium of Instruction

Cantonese supplemented with English

Delivery Mode

Webinar through Zoom meetings

Duration

12 hours (3 hours per session)

Dates of Classes

2, 9, 16 and 23 July 2025

Time

6:00 pm – 9:00 pm

Instructor

Qualified and experienced health care professionals specialized in orthopaedics & traumatology, and related field

Target Audience

Members of HKAON

Class Size

A maximum of 90 participants

Award

A Certificate of Attendance will be issued to participants who have an attendance of not less than 70%.

Continuing Professional Development

12 CNE